



KINGS AND KINGDOMS

Week 6 – Besetting Sin

MAIN OBJECTIVE: Identify where we are stuck in brokenness and share actionable steps to move forward.

KEEP IN MIND: The goal is NOT to try and get through all the questions, but to have a meaningful discussion. Go through and think about which questions will land and spark the most conversation with those in your group.

INTRO: Optional icebreaker

- Listen to “Psalm 51” by Shane and Shane
- You may also send it to your group to listen to on their own before/after the group...

*****Leader tip:** You may consider breaking up into gender-specific groups for this discussion to allow room for more transparency in the conversation around brokenness and sin.*

READ Psalm 51

- How does the reality of the steadfast love of the Lord (v. 1) impact you personally?
- In general, do you find it difficult to ask for help? Why or why not?
- How does this Psalm model an outline of confession, repentance, and restoration?
- Is there a time in your life you experienced restoration because of being open about your struggles?
- Reread v. 10. Have you ever prayed something like this before? What was the outcome?

DISCUSSION

- What role does the Holy Spirit play in our lives to help us live differently?
- How can we actively yield to His power and leading in our daily life?
- What obstacles can you remove that would help you be more sensitive to His lead?
- What is one action step you can put in place to keep growing in Christlikeness this week?

OPTIONAL DIGGING DEEPER

- Is there a time in your life you recall experiencing the steadfast love of the Lord during a time of brokenness or need?
- Are there any areas of brokenness or sin in your life you’d like to share with the group?



- ***Leader tip: if either of these are shared, take time to celebrate redemption stories or pray for healing where it is needed. Remind the group to protect this as a safe and trustworthy space.*

CHALLENGE:

- Take time this week to read Psalm 51 on your own each day.
- Use this Psalm as a prayer, focusing on different areas each day as the Holy Spirit leads you.
- Share with the group next week what your experience was like. What did you learn? How did praying through this Psalm impact you?

CLOSING PRAYER:

- Pray for one another as you prepare to spend time in Psalm 51 during the week.
- Praise God for His steadfast love in our lives that is never changing.